



Fall Prevention in Hospital-at-Home Patients: A Structured, Interdisciplinary Intervention Approach

H@H users Group Virtual Conference
10/16/25

Home Hospital



Problem: Acutely ill patients in home settings often experience functional decline compared to their baseline. They may overestimate their physical abilities and revert to habitual routines, which increases their risk of falls

Objective:

To reduce fall risk in acutely ill patients receiving care at home by implementing a proactive, interdisciplinary approach with individualized interventions.



SAFE-GO Protocol

 **S – Scoring & history review (Morse Fall Scale and fall history)**

 **A – Assessment of gait & devices**

 **F – Fall huddle with Hospitalist**

 **E – Evaluation by PT for gait/device needs**

 **G – Goals of PT continued at home during admission**

 **O – Ongoing education & reinforcement (RN-led safety education and fall strategy reinforcement)**



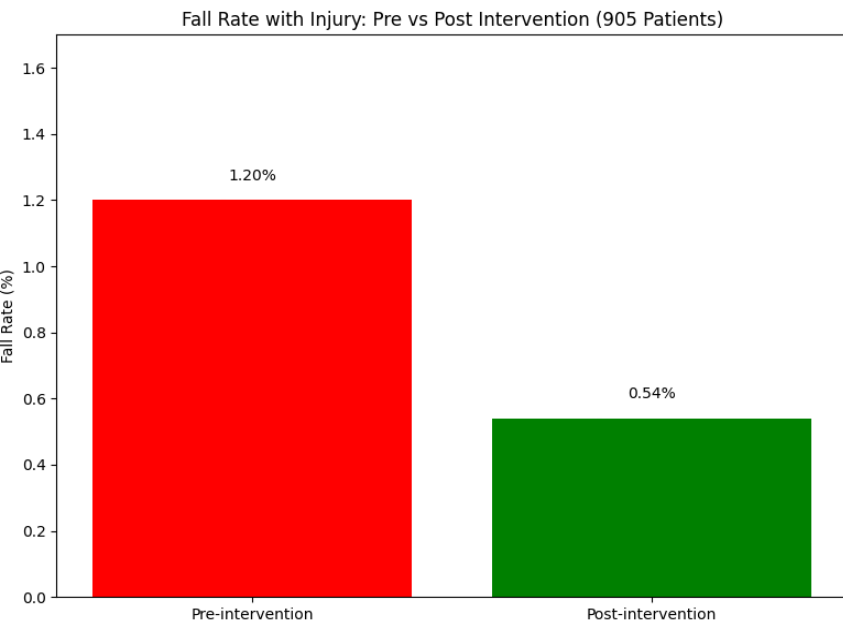
Results- 55% reduction in fall rate

September 19, 2022, to December 31, 2024, 905 patients were enrolled

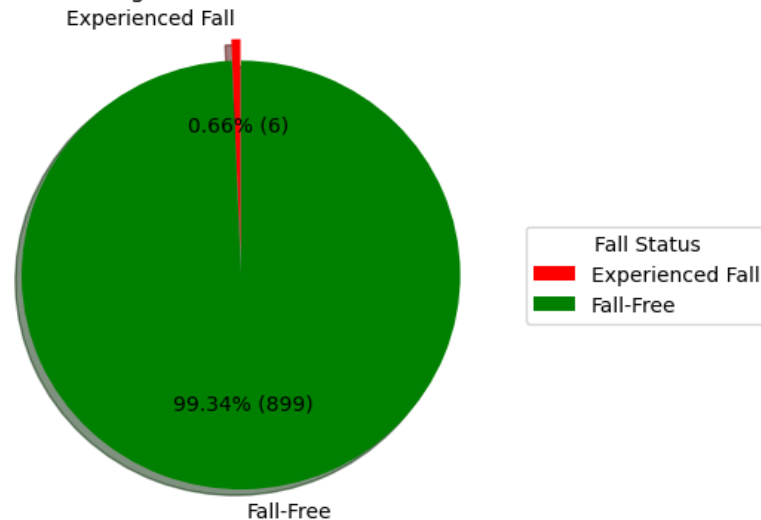
Pre- intervention- Sept 22- May 23

Intervention: May- June 23

Post Intervention June 23- Dec 24



Fall Incidence During HaH Admission (Total Patients: 905)





Thank you

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