# Embedding Hospitalization at Home into Health System Operations: Leveraging a Clinical Command Center

Mount Sinai At Home

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## **BACKGROUND**

- Hospitalization at Home (HaH) programs aim to deliver high-quality, patient-centered acute care in the comfort of a patient's own home.
- The decentralized nature of HaH introduces unique operational complexities that can limit both scale and efficiency.
- At our institution, we recognized the need for deeper integration between HaH and our broader health system infrastructure to overcome these barriers.

# CLINICAL COMMAND CENTER

- 24/7 centralized hub that utilizes a multidisciplinary team to manage care, throughput and safety across the health system.
- Oversees key operational functions such as:
  - Real-time bed management and capacity monitoring
  - Intra-facility and inter-facility transfers
  - Monitoring of key safety alerts/early warning scores
  - Tele-consult coordination
  - Coordination of discharges to post-acute facilities

Utilizing the Clinical
Command Center allowed
MSHS Hospitalization at
Home to align decentralized
home-based care with
system-wide operations,
leading to increased patient
referrals and throughput.

#### INTERVENTION

- We embedded some HaH operations into real-time systemwide decision-making enabling:
  - Improved patient throughput
  - Centralized coordination of transportation home
  - Increased referrals
  - Earlier patient identification
  - Expanded access to tele-consults

### **FINDINGS**

- Increased referrals:
  - Co-developed programmatic algorithm
  - 726 patients referred by the CCC's Central Hospitalist between January 2025 and May 2025
- Earlier patient identification:
  - ~36% of patients admitted to HaH referred and admitted while still physically in the Emergency Department
- Expanded access to tele-consults:
  - □ 20 service lines across 10 specialities
  - Consult services include cardiology, dermatology, endocrinology, hematology, infectious disease, nephrology, nutrition, palliative care, pulmonary and psychiatry
  - Future expansion to include rheumatology and wound care

#### **CONCLUSIONS**

- Partnering Hospitalization at Home with a Clinical Command Center can enhance integration within the health system, scalability, and efficiency.
- Key lessons include the importance of real-time collaboration with throughput teams, early patient identification through data-driven workflows, and strengthening consult and transport infrastructure.