Hospital at Home (HaH) Elective: Impact on Trainee Familiarity, Confidence, and Engagement with the HaH Model

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BACKGROUND

- Hospital at Home (HaH) delivers acute-level hospital care in patients' homes
- House staff exposure to HaH can:
  - Increase cultural buy-in from inpatient teams and promote referrals
  - Expose learners to modem care delivery models
  - Increase interest in HaH careers and support future workforce
- Few structured HaH curricula exist

PURPOSE

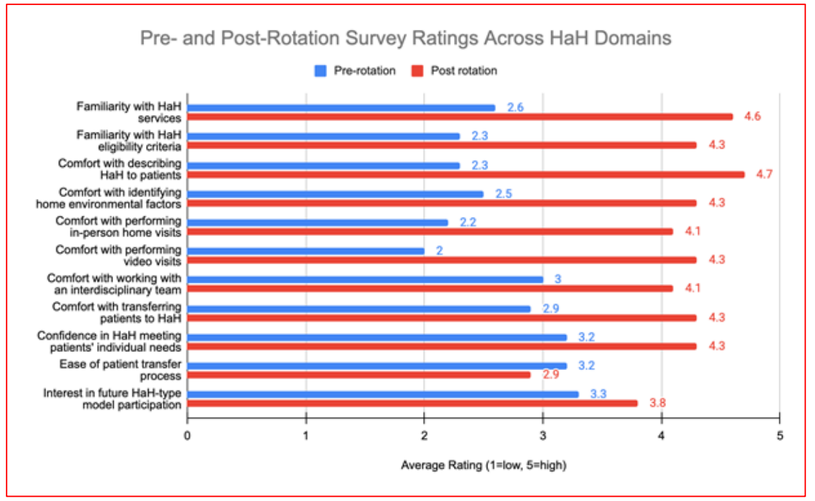
- To provide house staff with direct, hands-on experience with the HaH model
- To evaluate the impact of HaH elective on familiarity with the model, confidence in HaH care delivery, and acquisition of relevant skills

DESCRIPTION

Implementation
- July 2024: Launched for Internal Medicine residents
- August 2025: Expanded to Geriatrics and Palliative Care fellows

Core Clinical Activities
- Patient screening and admitting
- Virtual rounding
- Home visits

A structured, hands-on Hospital at Home Elective effectively prepares trainees for emerging models of care and may promote HaH expansion and sustainability



DESCRIPTION

Supplemental Education
- Leadership-led lecture series
- Web-based learning platform

Participants (July 2024 - February 2025)
- 41 total trainees
  - 28 Internal Medicine residents (14 Primary Care)
  - 9 Geriatrics fellows
  - 4 Palliative Care fellows

Evaluation
- Anonymous pre/post surveys (completed by 59% of trainees)
- Post-rotation feedback sessions

CONCLUSIONS

- HaH elective participation was associated with increased:
  - Familiarity with the HaH model
  - Comfort with core HaH skills
  - Interest in future HaH involvement
- Trainee exposure to HaH may support sustainability and expansion of HaH capacity

REFERENCES

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