STAY AMAZING

NewYork-Presbyterian

WITH WORLD-CLASS DOCTORS FROM COLUMBIA Weill Cornell Medicine

NewYork-Presbyterian Hospital at Home Beyond the Diagnosis

How Relationship Based Care in Hospital at Home Led to Early Recognition of Multiple Myeloma

November 4, 2026

Daniela Gibbs BSN, RN (Presenter)

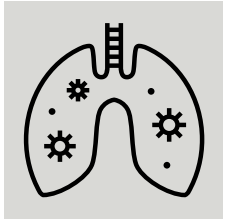
Contributors: Amrita Markan MSN, RNC-OB, C-EFM,CCE,CBC, Christy Defournoy MSN, RN, FNP-BC, CEN, Jackie Lepkowski, MSN, RN, CEN, Maya Vankineni, MD

Five elements of HaH care converged on one finding

- Relationship based care
- Continuity of care
- Experienced nursing assessment
- Interdisciplinary collaboration
- Early recognition of disease

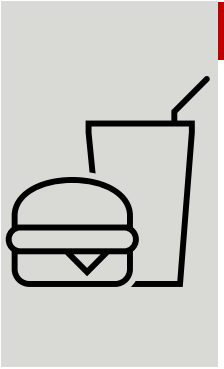
A routine pneumonia admission — at first glance

Patient Background



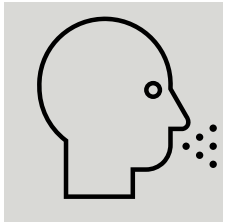
- 67 year old male
- Medical history: COPD, asthma

Admission Diagnosis



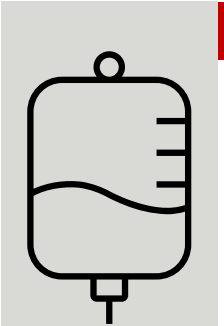
- Aspiration pneumonia

Presenting Symptoms



- Cough
- Shortness of breath
- General malaise

Treatment Plan



- Supplemental oxygen therapy
- Intravenous antibiotic therapy

The picture didn't fit the diagnosis

During admission

The nursing team identified:

- Significant temporal wasting
- Unintentional weight loss
- Decline out of proportion to pneumonia



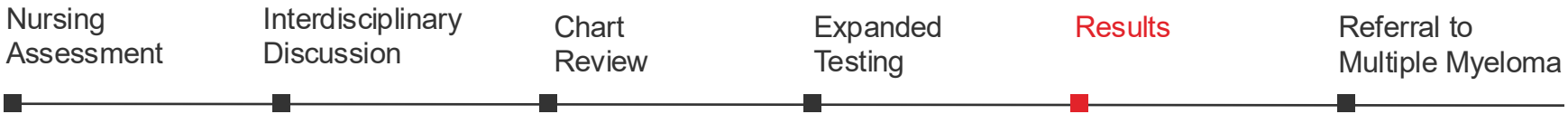
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What made this different?

- Assessed at home, in his own clothes — not under hospital linens
- We had cared for his father in this same home
- Continuity gave us a true point of comparison

From bedside observation to myeloma referral

Pneumonia Admission leads to a Multiple Myeloma Diagnosis



Nursing Assessment	Interdisciplinary Discussion	Chart Review	Expanded Testing	Results	Referral to Multiple Myeloma
• Temporal Wasting • Unintentional weight loss	Attending, PA, RN	• MD visits for abdominal pain. • Negative GI workups • Thoracic compression fractures	• Tumor markers • SPEP	Free Kappa/Lambda ratio: **183**	• Concern for underlying plasma cell disorder

Experience sees what the chart cannot

- Care delivered in the home reveals what the hospital conceals.
- Staff HaH with experienced clinicians — judgment is the diagnostic tool.
- Protect continuity; it is what makes comparison possible.
- Relationships provide context no medical record contains.
- Escalate and act on frontline observations.

Hospital at home does not simply change where care is delivered.

It changes what we are able to see, what we are able to recognize and ultimately, what we can do for our patients.



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Thank You